



**South Central Missouri Community Health Center  
DBA Your Community Health Center  
1050 West Tenth Street, Suite 480  
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## **Transition from Pediatric to Adult Care**

To our Patients near to or at the age of 18 years,

Your Community Health Center is committed to helping you make a smooth transition from pediatric to adult health care. This process involves working with you, beginning at ages 12 to 14, and your families to prepare for the change from a “pediatric” model of care where parents make most decisions to an “adult” model of care where you take full responsibility for decision-making.

This means that we will spend time during a visit with you without your parent present in order to assist you in setting health priorities and supporting you in becoming more independent with your own health care.

At age 18, you legally become an adult. We respect that many of our young adult patients choose to continue to involve their families in health care decisions. Only with your consent will we be able to discuss any personal health information with family members.

At age 18, we would like you to sign a new consent for treatment as an adult.

Your Provider can treat both children and adults. We recommend that at age 18, you retain the same provider. However, at age 18 you become an adult and you may select another provider if you so desire.

As always, if you have any questions or concerns, please feel free to contact us.

Thank you,

*Your Community Health Center*

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### **To Parents of our patients nearing adulthood:**

If your child has a condition that prevents him or her from making health care decisions, we encourage you to consider options for supported decision-making.

*Your Community Health Center*